Evelyn Clark Designs . . .

Heartland Lace Shawl

To celebrate the return of the majestic animals that were at the heart of early life in North America, this triangular shawl features Bison Tracks Lace and ends with a River of Life Edging.

The Bison Tracks Lace depicts the buffalo's heart-shaped hoof prints alternating with small diamonds that point to the four directions on earth. Because it is knit from the top down and the edging can be started at the end of any 20-row lace repeat, this shawl can be made with a variety of weights of yarn in a variety of sizes.

This shawl was the winner of the first Wild Fibers Magazine (www.wildfibersmagazine.com) and Buffalo Gold (www.buffalogold.net) contest in 2007.

Skill Level
Intermediate

Shawl Notes
1. Shawl is knit from the top down and begins with a garter stitch tab to start the border. Either an ordinary cast-on or a provisional cast-on can be used for this tab.
2. Shawl increases 4 sts every other row—inside garter stitch borders and on each side of the center stitch. Markers are used after the first 2 border stitches, before the center stitch and before the last 2 border stitches.
3. The edging can be started after any 20-row lace repeat, so it is easy to customize the size. Yarn requirements will change if repeats change.
4. Sample shawl was knit in DK weight yarn(13 wpi); it also looks great in worsted, fingering and lace weight yarns (11+ wpi). For other weights, yarn requirements will change.
5. Lace can be knit from written instructions or charts.
6. Wraps-per-inch (wpi) is a way to measure yarn size. Without stretching, wrap yarn around a ruler for 1" (2.5cm), and count strands.

Blocked Size
32 x 64" (81.5 x 163cm)

Supplies
US size 7 (4.5 mm) 24" (61cm) circular knitting needles, or size to obtain gauge; 3 stitch markers; tapestry needle; and rustproof pins for blocking

Sample Shawl
160g (550 yds/503m) Buffalo Gold 2 Ply DK weight yarn (13 wpi)

Abbreviations
k	knit
k2tog	knit 2 stitches together
p	purl
RS	right side of shawl
sk2p	slip 1 stitch knitwise, k2tog, and pass slipped stitch over k2tog
ssk	slip 1 stitch knitwise, slip next stitch knitwise, replace on holding needle, and k2tog through back loops
st(s)	stitch(es)
St st	stockinette stitch
WS	wrong side of shawl
yo	yarn over
*	repeat instructions between asterisks
[]	repeat instructions inside brackets specified number of times or to remaining number of stitches

Instructions

Optional Supplies
Blocking wires

Gauge
17 stitches = 4" (10 cm) in stockinette stitch

Beginning Border Tab Cast-on
At center back neck, cast on 2 sts.
Rows 1–6: knit.
Row 7: k2; rotate rectangle to pick up and knit 1 st in each of 3 garter stitch ridges near edge of tab; then knit in each of 2 cast-on sts. (7 sts) Start Bison Tracks Lace.

Bison Tracks Lace Beginning (Chart 1)
Row 1 (RS): k2, place marker, yo, k1, yo, place marker, k1, yo, k1, yo, place marker, k2. (11 sts)
All Even Rows (WS): k2, purl to last 2 sts, k2.
Row 3: k2, yo, k3, yo, slip marker, k1, yo, k3, yo, k2. (15 sts)
Row 5: k2, *yo, k1, k2tog, yo, k2, yo,* slip marker, k1, repeat between *s, k2. (19 sts)
Row 7: k2, *yo, k1, k2tog, yo, k1, yo, ssk, k1, yo,* slip marker, k1, repeat between *s, k2. (23 sts)
Row 9: k2, *yo, k1, k2tog, yo, k3, yo, ssk, k1, yo,* slip marker, k1, repeat between *s, k2. (27 sts)
Row 11: k2, *yo, k4, yo, sk2p, yo, k4, yo,* slip marker, k1, repeat between *s, k2. (31 sts)
Row 13: k2, *yo, k3, yo, ssk, k1, yo, ssk, k2tog, yo, k3, yo,* slip marker, k1, repeat between *s, k2. (35 sts)
Row 15: k2, *yo, k1, yo, sk2p, yo, k1, yo, ssk, k1, k2tog, yo, k1, yo, sk2p, yo, k1, yo,* slip marker, k1, repeat between *s, k2. (39 sts)
Row 17: k2, *yo, k1, k2tog, yo, k1, yo, ssk, k1, yo, sk2p, yo, k1, k2tog, yo, k1, yo, ssk, k1, yo,* slip marker, k1, repeat between *s, k2. (43 sts)
Row 19: k2, *yo, k2, [k2tog, yo, k1, yo, ssk] 3 times, k2, yo,* slip marker, k1, repeat between *s, k2. (47 sts)
Row 21: k2, *yo, k1, [yo, ssk, k2tog, yo, k1] 4 times, yo,* slip marker, k1, repeat between *s, k2. (51 sts)
Row 23: k2, *yo, k3, [yo, sk2p, yo, k1, yo, sk2p, yo, k3] 2 times, yo,* slip marker, k1, repeat between *s, k2. (55 sts) Start Bison Tracks Lace Repeat

Bison Tracks Lace Repeat (Chart 2)
Row 25 (RS): k2, *yo, k1, k2tog, yo, k2, [yo, ssk, k1, k2tog, yo, k1, k2tog, yo, k2] to marker, yo,* slip marker, k1, repeat between *s, k2. (59 sts)

All Even Rows (WS): k2, purl to last 2 sts, k2.
Row 27: k2, *yo, k1, k2tog, yo, k1, yo, ssk, k1, [yo, sk2p, yo, k1, k2tog, yo, k1, yo, ssk, k1] to marker, yo,* slip marker, k1, repeat between *s, k2. (63 sts)
Row 29: k2, *yo, k1, k2tog, yo, k3, yo, ssk, k1, [yo, ssk, k2tog, yo, k3, yo, ssk, k1] to marker, yo,* slip marker, k1, repeat between *s, k2. (67 sts)
Row 31: k2, *yo, k4, yo, sk2p, yo, [k7, yo, sk2p, yo] to 4 sts before marker, k4, yo,* slip marker, k1, repeat between *s, k2. (71 sts)
Row 33: k2, *yo, k3, [yo, ssk, k1, yo, ssk, k2tog, yo, k3] to marker, yo,* slip marker, k1, repeat between *s, k2. (75 sts)
Row 35: k2, *yo, k1, yo, sk2p, yo, k1, [yo, ssk, k1, k2tog, yo, k1, yo, sk2p, yo, k1] to marker, yo,* slip marker, k1, repeat between *s, k2. (79 sts)
Row 37: k2, *yo, k1, k2tog, yo, k1, yo, ssk, k1, [yo, sk2p, yo, k1, k2tog, yo, k1, yo, ssk, k1] to marker, yo,* slip marker, k1, repeat between *s, k2. (83 sts)
Row 39: k2, *yo, k2, [k2tog, yo, k1, yo, ssk] to 2 sts before marker, k2, yo,* slip marker, k1, repeat between *s, k2. (87 sts)
Row 41: k2, *yo, k1, [yo, ssk, k2tog, yo, k1] to marker, yo,* slip marker, k1, repeat between *s, k2. (91 sts)
Row 43: k2, *yo, k3, [yo, sk2p, yo, k1, yo, sk2p, yo, k3] to marker, yo,* slip marker, k1, repeat between *s, k2. (95 sts)

Work Rows 25–44 four times total (215 sts) or to desired length before edging. Start River of Life Edging.

River of Life Edging (Charts 3 & 4)
Edging increases 4 sts every other row to Row 25.

Row 1 (RS): k2, yo, k5, [yo, ssk, k1, k2tog, yo, k5] to marker, yo,* slip marker, k1, repeat between *s, k2. (219 sts)
Even Rows 2–30 (WS): k2, purl to last 2 sts, k2.
Row 3: k2, *yo, k1, k2tog, yo, k1, yo, ssk, k1, [yo, sk2p, yo, k1, k2tog, yo, k1, yo, ssk, k1] to marker, yo,* slip marker, k1, repeat between *s, k2. (223 sts)
Row 5: k2, *yo, k1, k2tog, yo, k3, yo, ssk, k1, [yo, ssk, k2tog, yo, k3, yo, ssk, k1] to marker, yo,* slip marker, k1, repeat between *s, k2. (227 sts)
Row 7: k2, *yo, k1, [k2tog, yo, k2tog, yo, k1, yo, ssk, yo, ssk, k1] to marker, yo,* slip marker, k1, repeat between *s, k2. (231 sts)

Row 9: k2, *yo, k1, k2tog, yo, k2tog, yo, k3, yo,
ssk, yo, [sk2p, yo, k2tog, yo, k3, yo, ssk, yo] to
3 sts before marker, ssk, k1, yo,* slip marker,
k1, repeat between *s, k2. (235 sts)

Row 11: k2, *yo, k3, [k2tog, yo, k5, yo, ssk, k1]
to 2 sts before marker, k2, yo,* slip marker, k1,
repeat between *s, k2. (239 sts)

Row 13: k2, *yo, k2, yo, sk2p, yo, [k1, k2tog,
yo, k1, yo, ssk, k1, yo, sk2p, yo] to 2 sts
before marker, k2, yo,* slip marker, k1, repeat
between *s, k2. (243 sts)

Row 15: k2, *yo, k1, yo, ssk, k3, k2tog, yo, [k3,
yo, ssk, k3, k2tog, yo] to 1 st before marker,
k1, yo,* slip marker, k1, repeat between *s, k2.
(247 sts)

Row 17: k2, *yo, k1, [yo, ssk, yo, ssk, k1, k2tog,
yo, k2tog, yo, k1], to marker, yo,* slip marker,
k1, repeat between *s, k2. (251 sts)

Row 19: k2, *yo, k3, [yo, ssk, yo, sk2p, yo, ktog,
yo, k3] to marker, yo,* slip marker, k1, repeat
between *s, k2. (255 sts)

Row 21: k2, *yo, k5, [yo, ssk, k1, k2tog, yo, k5] to
marker, yo,* slip marker, k1, repeat between *s,
k2. (259 sts)

Row 23: k2, *yo, k7, [yo, sk2p, yo, k7] to marker,
yo,* slip marker, k1, repeat between *s, k2.
(263 sts)

Rows 25, 27 & 29: k2, [yo, k3, sk2p, k3, yo, k1] to
last st, k1.

Row 31: k2, [yo, k9, yo, k1] to last st, k1. (315 sts)

Row 32: knit.

Row 33 (RS): Elastic Cast-off: k1, *k1, transfer 2
sts back to holding needle, and k2tog through
the back loops* across.

Finishing

Weave in yarn ends, and trim after blocking.

Blocking

Soak shawl in water—adding wool soap if desired—
for at least 20 minutes. Rinse and wrap in towel
to blot out water. Lay flat, and smooth into shape.
If using blocking wires, run through eyelets along
top edge and pin. Pull out scallops along side edges
at each "yo, k1 yo," and pin. Leave in place until
thoroughly dry. Trim yarn ends.

Heartland Lace Shawl Charts

Notes

1. See written instructions for cast-on and cast-off information.
2. Only odd numbered rows are charted. All Even Rows: k2, purl to last 2 sts, k2.
3. Read charts from bottom to top and from right to left. Since the triangle really is two triangles separated by a center stitch, work charts from right to left to center stitch. For second half of row, again read charts from right to left, ignoring 2 border stitches and working them at end instead of center stitch.
4. River of Life Edging can be started at the end of any 20-row Bison Tracks Lace Repeat.
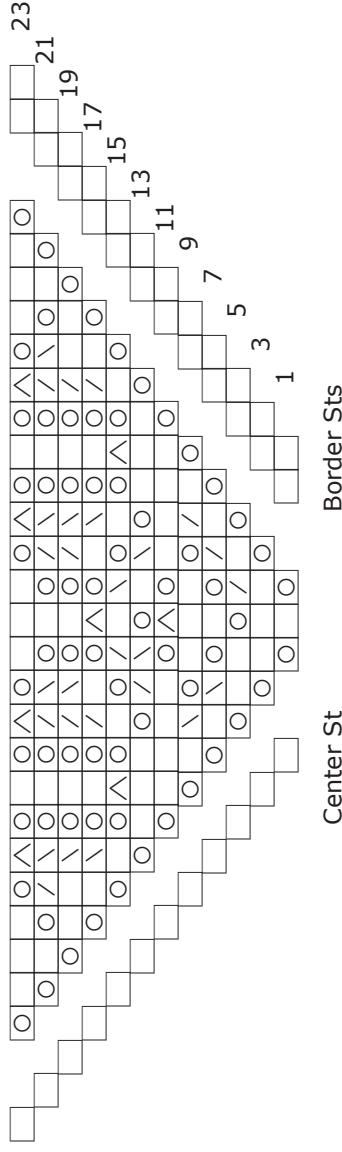5. Edging Chart 4 is worked to last stitch instead of center stitch.

Symbols Key

	k	knit
/	k2tog	knit 2 stitches together
⋀	sk2p	slip 1 stitch knitwise, k2tog, and pass slipped stitch over k2tog
\	ssk	slip 1 stitch knitwise, slip next stitch knitwise, replace on holding needle, and k2tog through back loops
o	yo	yarn over

Chart 1—Bison Tracks Lace Beginning

Center St   Border Sts

Heartland Lace Shawl ©2006 by Evelyn A. Clark

Heartland Lace Shawl Charts

Chart 2—Bison Tracks Lace Repeat
(Work Rows 25–44 four times or to desired length before edging.)

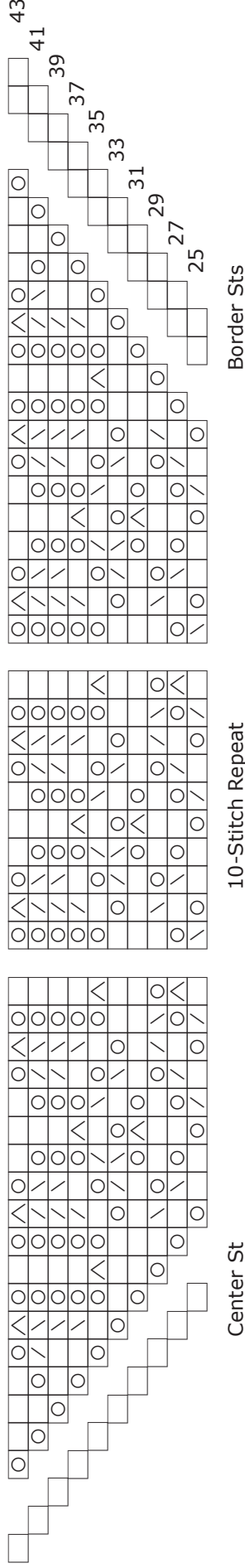Border Sts

Center St   10-Stitch Repeat

Chart 3—River of Life Edging

Border Sts
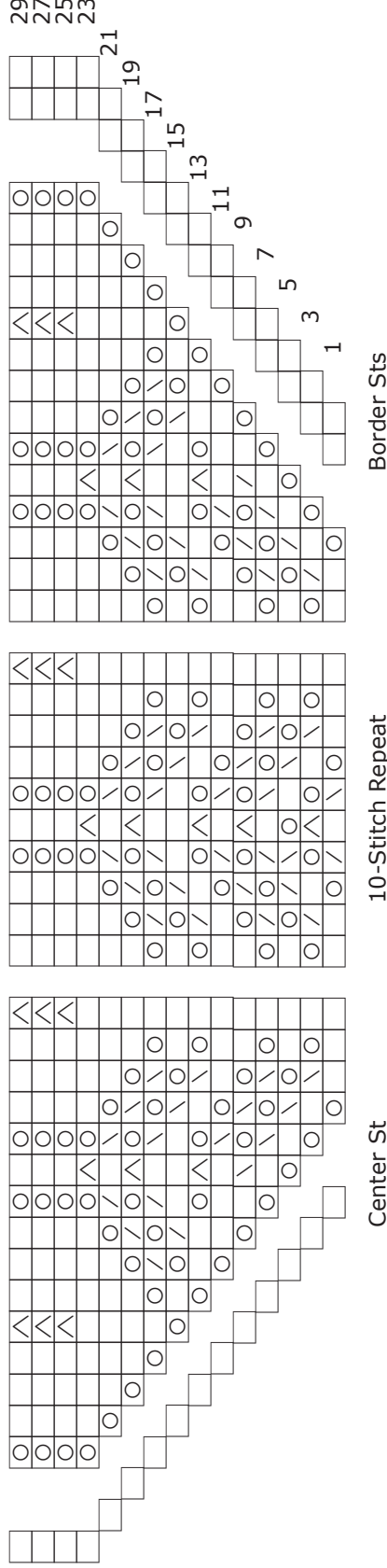
Center St   10-Stitch Repeat

Chart 4—River of Life Edging
(See written instructions for Row 32 and cast-off information.)

Ending St   12-Stitch Repeat   Beginning Sts