

Evelyn Clark Designs . . .

Estonian Lace Wrist Warmers

These wrist warmers are knit in the round using stitches adapted from the Estonian lace book Pitsilised Koekirjad by Leili Reimann.

Purl stitches between the ribbons of lace ensure a close fit, and they knit up quickly in fingering weight yarns. This design originally appeared in the Nordic Heritage Museum's Nordic Knits booklet.

Skills Required

Knitting in the round

Abbreviations

dpn double-pointed needle(s)
k knit
k2tog knit 2 stitches together
p purl
p2tog purl 2 stitches together
sk2p slip 1 stitch knitwise, k2tog, and pass slipped stitch over k2tog
st(s) stitch(es)
yo yarn over
* repeat instructions between asterisks to end of round

Size

Unstretched width: 6" (15cm); length: 5.5" (14cm)

Wrist Warmer Notes

1. It is helpful to use a split ring marker or safety pin to mark beginning of rounds.
2. Wrist warmers can be knit in the round on 1 circular needle using Magic Loop method or on 2 circular needles. Stitch placement is given double-pointed needles.
3. Lace can be knit from written instructions or charts.
4. Wraps-per-inch (wpi) is a way to measure yarn size. Without stretching, wrap yarn around a ruler for 1" (2.5cm), and count the strands.

Yarn

25g (90 yds/83m) fingering weight yarn (16–17 wpi)

Needles

Set of 5 double-pointed US size 2 (2.75mm) needles, or size to obtain gauge

Gauge

28 sts = 4" (10cm) in stockinette stitch



Sample Wrist Warmers

25g (90 yds/83m) Satakieli fingering weight yarn (17 wpi), 100% wool, Color 184

Other Supplies

Coilless safety pin or split ring marker; tapestry needle to weave in yarn ends

INSTRUCTIONS—Cast-on

Loosely cast on 48 sts, and divide onto 4 dpn—12 sts on each. Being careful not to twist, join to knit in rounds, and mark beginning of round.

Scalloped Border Lace (Chart 1)

Rounds 1 & 9: purl around.

Rounds 2, 4, 6, 8 & 10: knit around.

Rounds 3, 5 & 7: *yo, k1, sk2p, k1, yo, k1*.

Start Wrist Lace.

Instructions

Wrist Lace (Chart 2)

Round 1: *k2, k2tog, yo, p2*.

Rounds 2, 4 & 6: *k4, p2*.

Round 3: *k1, k2tog, yo, k1, p2*.

Round 5: *k2tog, yo, k2, p2*.

Work Rounds 1–6 8 times or to desired length, ending with Round 6.

Final Round: *p4, p2tog*. (40 sts)

Cast off sts.

Finishing

Weave in yarn ends. Steam lightly to block, pulling out scallops at cast-on edge.

Charts

Chart Notes

1. See written instructions for cast-on information, final round, and cast-off.
2. Read charts from bottom to top and from right to left.
3. All rounds are shown.

Symbols Key

□	k	knit
/	k2tog	knit 2 stitches together
—	p	purl
△	sk2p	slip 1 stitch knitwise, knit 2 stitches together, and pass slipped stitch over k2tog
○	yo	yarn over

Chart 1—Scalloped Border Lace

□	□	□	□	□	□	10
—	—	—	—	—	—	9
□	□	□	□	□	□	8
○	△	□	□	○	□	7
□	□	□	□	□	□	6
○	△	□	□	○	□	5
□	□	□	□	□	□	4
○	△	□	□	○	□	3
□	□	□	□	□	□	2
—	—	—	—	—	—	1

6-Stitch Repeat
(Work 8 times around)

Chart 2—Wrist Lace

Work Rounds 1–6 8 times, or to desired length, ending with Round 6. See written instructions for final round.

—	—	□	□	□	□	6
—	—	□	□	○	/	5
—	—	□	□	□	□	4
—	—	□	○	/	□	3
—	—	□	□	□	□	2
—	—	○	/	□	□	1

6-Stitch Repeat
(Work 8 times around)